

# BREAKFAST



ORGANIC AND LOCAL WHEREVER POSSIBLE

<b>Whole Wheat Cast Iron Apple Pecan Pancake</b>	9
<b>Whole Wheat Cast Iron Banana Walnut Pancake</b>	9
<b>Whole Wheat Short Stack w/ Eggs Any Style &amp; Bacon</b>	11
<b>Brioche French Toast</b> with Fruit and Yogurt	9 11
<b>Chilaquiles</b> (Eggs or Tofu) Add <b>Chorizo</b> for an extra dollar Queso Fresco, Black Beans, Salsa, Avocado and Crème Fraîche	11
<b>Tortilla de Papa</b> Queso Fresco, Black Beans, Salsa, Avocado and Crème Fraîche	11
<b>Tortilla de Chorizo</b> Take the Tortilla de Papa and add our Spanish Chorizo	12
<b>Tofu “Fried Egg” Sandwich</b> Potato, Cheddar and Tomato on Whole Wheat Toast	8
<b>Quinoa Oatmeal</b> Seasonal Fruit, Cream and Brown Sugar	7

*Items below are served with Home Fries and Toast*

<b>Applewood Smoked Bacon and Eggs Any Style</b>	11
<b>Fake Bacon and Eggs Any Style</b>	9
<b>House Made Sausage and Eggs Any Style</b>	12
<b>Braised Pork Belly and Eggs Any Style</b>	13
<b>BBQ Pork Hash and Eggs Any Style</b>	12
<b>Omelet or Tofu Scramble</b>	11

**Choose three of the following:**

Applewood Smoked Bacon, Bacon, House Made Sausage, Spinach, Mushrooms, Caramelized Onion, Tomato, Broccoli, Salsa, Zucchini, Roasted Bell Pepper

**Plus one Cheese:**

Jack, Swiss, Cheddar, Queso Fresco

## SIDES

- Home Fries 4 • Niman Ranch Bacon 3.5 • Fake Bacon 3
- Two Cage Free Eggs any style 3 • ½ Avocado 2.5
- Whole Wheat, Rye, or Brioche Toast 2.5 • Fruit Salad with Yogurt 6

# LOCAL

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## LUNCH

<b>Soup of the Day</b>	6
<b>Vegetarian Tofu Chili</b>	6
<b>Macaroni and Cheese</b>	7
<b>Sautéed Kale and Apples</b>	6
<b>French Fries</b>	4
<b>Spicy Fries with Ranch</b>	5
<b>Chili and Cheese Fries</b>	6

*Items below are served with Fries, Spicy Fries or Side Salad*

<b>Vegetarian Reuben</b>	11
Mushrooms, Swiss, Sauerkraut and Russian Dressing on Rye	
<b>Slow Roasted Niman Ranch Pork Sloppy Joe</b>	13
Onion Confit and Queso Fresco	
<b>Tempeh Sloppy Joe with Soy Mozzarella</b>	13
<b>3 Cheese Grilled Brioche Sandwich</b>	11
Onion Confit and Oven Dried Tomatoes	
<b>Diestel Farms Organic Turkey Burger</b>	12
<b>Rocky Jr. Free Range Chicken Breast Sandwich</b>	13
<b>Albondigas Ground Pork Burger</b>	11
Niman Ranch Pork, Shallots, Garlic and Fresh Herbs	
<b>Quinoa Burger</b>	11
Zucchini, Red Bell Pepper, Gold Beets and Pine Nuts	
<b>Ginger Orange Tempeh Vegetable &amp; Brown Rice Bowl</b>	11
<b>Brown Rice &amp; Vegetable Bowl with Tofu</b>	11
Substitutue <b>Grilled Chicken</b> for an extra 2 dollars	
<b>Curried Chicken Salad Sandwich</b>	13
Avocado, Tomato, Lettuce and Sunflower Sprouts on Thick Wheat Toast	
<b>Vegan Club Sandwich</b>	11
Triple-Decker Club with Tempeh, Avocado, Tomato, Lettuce, Sunflower Sprouts with Tofu Shallot Mayonnaise on Rye Toast	
<b>BLTAC Grilled Brioche Sandwich</b>	11
Bacon (or Fake Bacon), Lettuce, Tomato, Avocado and Cheddar	

**Burger add on's:** Avocado 1.5 • Applewood Smoked Bacon or Facon 1